HEALTHY REHAVIORS FOR MINE-ASSISTED LEARNING

PRESENTED BY

HEALTHY BEHAVIORS EQUINE-ASSISTED LEARNING

## **GRADES 4-6**

## COURSE STARTS FEBRUARY 8TH

5:30 PM - 7 PM

Double NN Equestrian Center Lakeville, MN

## ACTIVITIES

GROUND BASED ACTIVITES ENCOURAGING DEVELOPMENT OF HEALTHY COMMUNICATIONS AND COPING SKILLS INCORPORATING HORSES, NATURE & ART

8 WEEK COURSE COST \$360

EACH WEEK WILL FOCUS ON A THEME WHICH INCLUDES: MAKING FRIENDS, BASIC FEELINGS, CHANGING MOODS, BOUNDARIES, BODY LANGUAGE & NON-VERBAL COMMUNICATION, MANAGING UNCOMFORTABLE SITUATIONS, BUILDING CONNECTIONS & TRANSITIONS

## **REGISTRATION IS NOW OPEN**

To register please contact Nicole at Nicole@horsesforhumans.org or text 952-240-4695